

**ABSTRACT OF THE DISCLOSURE**

An office chair has multiple moving parts and controls for the different moving parts of the chair.

- 5 The chair includes a control directory which is in a more visibly accessible position than the controls to a person sitting in the chair. The chair further includes control switches which when activated provide a guide to distinguish which particular set of instructions on the
- 10 directory pertains to each of the controls. The control switches are activated without producing operation of the actual controls.